

## Regular Groups Meeting at St John's Village Memorial Hall

### Monday

- 09.00/Oak **Seedlings Pre-school (am & pm sessions and lunch)**  
[www.seedlings-preschool.co.uk](http://www.seedlings-preschool.co.uk) 07525 731424
- 09.45/Maple **Yoga all levels with Jo Burningham**  
[www.joburninghamyoga.com](http://www.joburninghamyoga.com) 07968 774807 Email: [info@joburninghamyoga.com](mailto:info@joburninghamyoga.com)
- 10.00/Lye **Patchwork Quilting Group**
- 18.30/Maple **Pilates** with Becky Tovey  
[www.beckytoveypilates.co.uk](http://www.beckytoveypilates.co.uk) 07980 807344
- 19.00/Lye **Tai Chi for Beginners** with Maria Anson  
[www.wutan-martialarts.co.uk](http://www.wutan-martialarts.co.uk) 07963 027510
- 20.00/Maple ***NEW CLASS!***  
**Busy Lizzy class - Mums to Bee Yoga**  
[www.busylizzywoking.co.uk](http://www.busylizzywoking.co.uk)

### Tuesday

- 09.00/Oak **Seedlings Pre-school (am & pm sessions)**  
[www.seedlings-preschool.co.uk](http://www.seedlings-preschool.co.uk) 07525 731424
- 09.30/Lye **Monkey Music** – fun music classes for under 5's  
[www.monkeymusic.co.uk](http://www.monkeymusic.co.uk)
- 09.30/Maple **Toddler ball skills with Woking Football Club**  
[www.wokingfootballinthecommunity.com](http://www.wokingfootballinthecommunity.com)
- 14.00/Maple **Good Companions** – Social club for over 65s, 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays  
01932 344516
- 17.00/Lye ***NEW CLASS!***  
**Precision Pilates** with Cheryl Cowan  
01483 766260
- 18.00/Maple **3<sup>rd</sup> St John's Brownies**  
[www.3rdstjohnsbrownies.org.uk](http://www.3rdstjohnsbrownies.org.uk)
- 18.00/Oak **Mindful Cardio Exercise class** with Cim  
07833 363500 Email: [cim@rediscoversparkle.com](mailto:cim@rediscoversparkle.com)
- 19.30/Lye **QiGong** with Nigel Pearce  
07903 273431 Email: [CultivatingStillness@yahoo.com](mailto:CultivatingStillness@yahoo.com)
- 20.00/Maple **St John's WI** -meets 1<sup>st</sup> Tues of month  
[www.stjohnswi.btck.co.uk](http://www.stjohnswi.btck.co.uk) Email: [stjohnswi@gmail.com](mailto:stjohnswi@gmail.com)
- 20.00/Maple ***NEW CLASS!***  
**Restorative Yoga and Yoga Nidra with Jo Burningham 2<sup>nd</sup> & 3<sup>rd</sup> Tues of month**  
[www.joburninghamyoga.com](http://www.joburninghamyoga.com) 07968 774807 Email: [info@joburninghamyoga.com](mailto:info@joburninghamyoga.com)

### Wednesday

- 09.00/Oak **Seedlings Pre-school (am & pm sessions)**  
[www.seedlings-preschool.co.uk](http://www.seedlings-preschool.co.uk) 07525 731424
- 09.30/Maple **BKD Performers Silver Swans – ballet for over 55s**  
[www.bkdperformers.co.uk](http://www.bkdperformers.co.uk) 07711 322512
- 11.00/Lye **Precision Pilates** with Cheryl Cowan  
01483 766260
- 11.20/Maple **Post-natal Pilates** with Becky Tovey  
[www.beckytoveypilates.co.uk](http://www.beckytoveypilates.co.uk) 07980 807344
- 1.15/Maple **NEW CLASS!**  
**Jump n Play bouncy castle and soft play sessions**  
[www.facebook.com/JumpNPlay1/](https://www.facebook.com/JumpNPlay1/) [www.JumpNPlay.co.uk](http://www.JumpNPlay.co.uk) 01932 912112
- 19.15/Oak **St John's Community Choir** – open to all, fun choir taught by ear, no auditions, with choir leader  
Laura Deal  
[www.stjohnschoir.co.uk](http://www.stjohnschoir.co.uk) 07778 672885 Email: [stjohnscommunitychoir@gmail.com](mailto:stjohnscommunitychoir@gmail.com)

### Thursday

- 09.00/Oak **Seedlings Pre-school (am & pm sessions)**  
[www.seedlings-preschool.co.uk](http://www.seedlings-preschool.co.uk) 07525 731424
- 10.00/Maple **Busy Lizzy classes for mums and little ones** - Disco Dudes and Divas/ Baby Boogie/ Mummy  
and Me Yoga  
[www.busylizzywoking.co.uk](http://www.busylizzywoking.co.uk)
- 13.30/Maple **The Nest - a drop-in for parent + babies for coffee and a chat, NCT**  
Email: [thenest.at.stjohns@gmail.com](mailto:thenest.at.stjohns@gmail.com)
- 17.00/Oak **1<sup>st</sup> St John's Rainbows**  
Email: [karen.wathen@sky.com](mailto:karen.wathen@sky.com)
- 17.30/Lye **NEW CLASS!**  
**Bollywood Dance for kids** with Kavita Rathore
- 18.00/Oak **2<sup>nd</sup> St John's Brownies**  
Email: [helen.ashton03@gmail.com](mailto:helen.ashton03@gmail.com)
- 19.00/Maple **1<sup>st</sup> St John's Guides**
- 19.00/Lye **Tai Chi** with Maria Anson  
[www.wutan-martialarts.co.uk](http://www.wutan-martialarts.co.uk) 07963 027510

### Friday

- 09.00/Oak **Seedlings Pre-school (am & pm sessions)**  
[www.seedlings-preschool.co.uk](http://www.seedlings-preschool.co.uk) 07525 731424
- 09.30/Maple **Pilates** with Paul Howse  
[www.pilatesinsurrey.com](http://www.pilatesinsurrey.com) 07774 445446
- 10.00/Lye **Yoga** with Tomomi Tanaka  
Email: [tomoyogasurrey@gmail.com](mailto:tomoyogasurrey@gmail.com)
- 11.00/Maple **BKD Performers Silver Swans – ballet for over 55s**  
[www.bkdperformers.co.uk](http://www.bkdperformers.co.uk) 07711 322512
- 11.30/Lye **Mindful Cardio Exercise class**  
07833 363500 Email: [cim@rediscoversparkle.com](mailto:cim@rediscoversparkle.com)
- 19.00/Lye **Yoga Nidra with Susan Yeates** – first Friday of month  
[www.susansworldofyoga.co.uk](http://www.susansworldofyoga.co.uk) 07930 856581 Email: [susan@susansworld.co.uk](mailto:susan@susansworld.co.uk)